



# Riverside

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Dear Parents/Carers,

## Year 5 Puberty Workshop – Friday 17th March 2023

We have arranged for our Year 5 pupils to participate in a workshop with the School Nursing Team on Friday 17th March. The workshop will include correct terminology for parts of the body and discussions about the changes that happen to them during puberty. All discussions are age appropriate and the content is delivered separately to the boys and girls in a fun way, addressing any misconceptions held by the children.

Yours sincerely

Helen Baldry

Head of School



Artsmark  
Silver Award  
Awarded by Arts  
Council England

