Lunch Menu Summary (April – October)

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| WEEK ONE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| meat or fish | Veg Bolognese/Pasta | Veg Couscous | Roast Chicken | Veg Biryani | Fish Fingers/Chips |
| vegetarian | Quorn Sausage/Mash  | Macaroni Cheese | Soya Strips | Pizza | Chickpea/Potato Shakshuka |
| alternative | Chicken Sausage/Mash | Lamb Jaloff | Jacket Potato/Cheese | Cheese/Tomato Pasta | Cheese/Broccoli Quiche |
| vegetables | Sweetcorn/Broccoli | Peas/Cauliflower | Carrots/Green Beans |  Veg Medley/Sweetcorn | Baked Beans/Peas |
| dessert of the day | Frozen Yogurt | Yogurt Bar | Fresh Fruit Salad | Cheese/Crackers | Chocolate Cracknell |



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| WEEK TWO | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| meat or fish | Jacket Potato/Topping | Rajma Masala/Rice | Roast Turkey | Three Bean Casserole | Fish Fingers/Chips |
| vegetarian | Quorn Burger | Frittata | Veg/Bean Chilli/Rice | Pizza | Veg/Chickpea Rice |
| alternative option | Lamb Meatballs/Pasta | Chicken Biryani | Veg/Sweet Potato Bake | Jacket Potato/Topping | Tomato/Basil Puff |
| vegetables | Carrots/Veg Medley | Sweetcorn/Broccoli | Peas/Root Veg | Sweetcorn/Green Beans | Baked Beans/Peas |
| dessert of the day | Fruity Flapjack | Yogurt Bar | Jelly  | Cheese/Crackers | Pear/Berry Crumble |



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| WEEK THREE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| meat or fish | Chickpea/Veg Tagine | Tarka Dhal/Rice | Roast Chicken  | Veg/Chickpea Jambalaya | Fish Fingers/Chips |
| vegetarian | Quorn Sausage Casserole | Cheese/Bean Fajita | Jacket Potato/Topping | Pizza | Cheese/Tomato Whirl |
| alternative option | Chicken Curry/Rice | Lamb Pasta Bolognese | Honey/Ginger Soya Strips | Quorn Bolognese/Pasta | Jacket Potato/Topping |
| vegetables | Green Beans/Carrots | Peas/Mixed Veg | Carrots/Green Cabbage | Sweetcorn/Broccoli | Baked Beans & Peas |
| dessert of the day | Peach Fool | Yogurt Bar | Frozen Yogurt | Cheese/Crackers | Eve’s Pudding |



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| AVAILABLE EVERY DAY |  | For full details of this menu please ask for a leaflet |
| CHILLED DRINKING WATER | ORGANIC CRUSTY BREAD |  | *(available from the school office and ISSworld)* |
| SANDWICH SELECTION | SALAD BAR |  |  |
| FRESH FRUIT PLATTER | ORGANIC YOGHURT |  | **PLEASE ENSURE ISSWORLD/SCHOOL KNOW OF ANY ALLERGIES – IT IS PARENTAL RESPONSIBILITY TO KEEP THIS INFORMATION UP TO DATE** |