

Monday 15th – Friday 19th June 2020

PSHE: Celebrating Diversity

Have you heard the word **diversity** before? What do you think it might mean?

Look at a person in your home or find someone out of the window to look at (try not to stare at them!) Can you think of something that makes you the same as that person? It could be that you're both female or that you both have shoes on.

Now try to think of something that makes you different and unique from that person. This could be the colour of your hair or your name.

Diversity means that there are lots of different kinds of people.

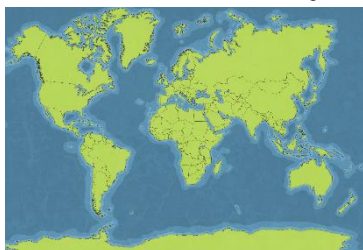
Imagine what it would be like if we were all the same – everyone would know, do, like and dislike the same things. We wouldn't discover anything new or different and we'd probably have very boring conversations!



Can you write three good things about diversity?

- 1. _____
- 2. _____
- 3. _____

Where Do Some of Our Differences Come From?



Lots of people in this country originally came from other countries (or their older relatives did) and this can often mean that we can share new ideas and find out things about other places, beliefs and customs. It is this **diversity** that makes life more interesting.

Bullying

We know that diversity is a good thing and it should be celebrated! Not everyone is good at remembering that though, so sometimes, people who are seen as different might get bullied because of this. Remember that bullying is not just a one-off incident but something that happens over and over again.

Has there ever been a time when you were made to feel different by the people around you? For example, maybe you shouted out a different answer to everyone else during a lesson and they laughed at you. How did you feel? You could choose from the emotions words below.

nervous	upset	sad	calm
tired	excited	confused	proud
hurt	happy	angry	worried
silly	surprised	frustrated	bored
left out	joyful	shocked	brave

You probably chose some of the emotions that don't feel good like 'sad' or 'angry'. Nobody should be made to feel like that. You might have seen in the news that lots of people in the black community are sad and angry at the moment. That's because they haven't been treated well just because the colour of their skin is different to some other people's. When a person or group of people are treated unfairly because they are seen as different, we can call this **discrimination**.



If you heard someone being unkind at school, who would you tell? How else could you help the person who was being targeted?

What about if you heard someone being unkind somewhere out of school. Who would you tell? How else could you help the person who was being targeted?

The most important thing is to help the person who is being targeted in any way that you can – telling an adult who you trust is the best solution. Once you have made sure that they are okay, you might want to remind the person who is being unkind that we should embrace everyone’s differences. Diversity is a positive thing to have in our community.

We all have the right to our own opinions and beliefs and that is what makes our school, and our world, a special place.

We are all different.

