

In The Garden

Pressing Flowers

This is the easiest way to press flowers.

Choose the heaviest book you can find, such as a dictionary or phone book.

The moisture being absorbed will cause the pages to wrinkle, so use a book you don't mind damaging.



- 1. Place the flower between two pieces of paper, and place them within the pages of the book. Depending on the size of the book, you can press more than one flower at once. Space them out so that the moisture from one flower doesn't transfer to another.*
- 2. Use more books, to weigh down the book once it is closed. Make sure the arrangement of the flowers does not move when closing.*
- 3. Change the pieces of paper every few days. After two to three weeks, the flowers will be completely dry. When removing, use a pair of tweezers, or very carefully use your fingers, as a completely dry flower is very delicate.*