NEXT STEPS – AUTISM PARENT TRAINING

Do you have a child on the autistic spectrum under the age of 5?

Are you interested in attending a parenting support programme to gain greater understanding of your child's condition?

Next Steps is a parenting course presented by professionals with expertise in the field of autism.

To attend, the only requirements are that you reside in Southwark and are the parent/carer of a child who is on the autistic spectrum.

The online course runs for six weeks (one day per week) and participants will receive pre-recorded YouTube sessions, each approximately 30-60min in duration, with additional information and handouts for every session.

Session topics include:

- Introduction to Autism Spectrum Disorder
- Sensory differences
- Social interaction and play
- Understanding of communication
- Use of communication
- Behaviour, emotions and routines

In addition to the course material, you will have an opportunity to meet other parents via Zoom platform (https://zoom.us/), where you can exchange experiences and strategies that you are using to support your children.

Click here to register your interest in the training