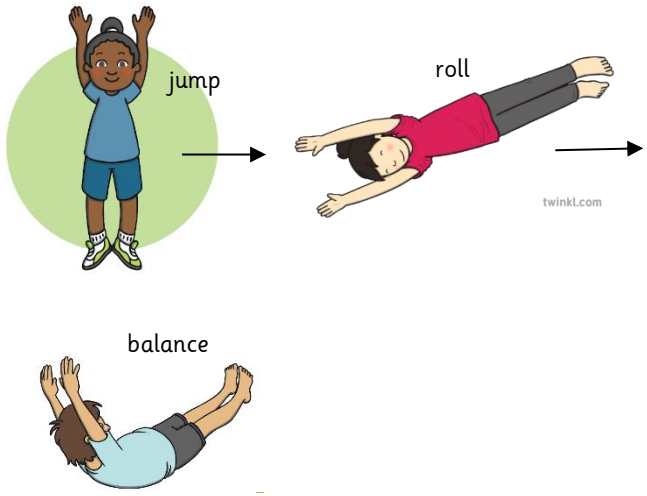
KNOWLEDGE ORGANISER

PHYSICAL DEVELOPMENT	SEQUENCE AND MOVEMENT	EYFS

Cross curricular links	Key skills	Key Vocabulary/definitions
Personal, Social and Emotional Development: **Managing Self:** Be confident to try new activities **Building relationships** Work and play cooperatively and take turns with others	To join a range of movements together To change the speed of their actions To change the style of their movements	**Gross motor skills**- When a child uses their whole body in a movement **Sequence-** To combine gymnastics movements e.g. jump, roll, balance

Pictures/photos relevant to topic



Useful information

https://plprimarystars.com/resources/balance-and-stability - Ideas of activities to develop balancing and movement skills at home

https://elht.nhs.uk/application/files/5815/8860/8935/Balance_and_Co-ordination_leaflet_V4.pdf - NHS balancing guidance

https://www.youtube.com/watch?v=l7vq7aJpRzs – uSports gymnastic lesson online