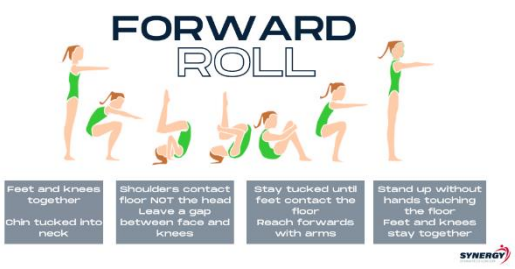
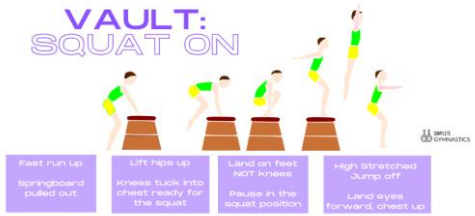
KNOWLEDGE ORGANISER

PE	GYMNASTICS	UKS2

Cross curricular links	Key skills	Key Vocabulary/definitions
Maths – turns in a circle and number of degrees	Carry out balances, recognising the position of their centre of gravity and how this affects the balance. Show control, consistency and accuracy of movement using changes in speed Perform rolls with control (crouched forward roll, forward roll from standing, pike forward roll, tucked backward rolll) Travel across, through, along, over, under large climbing apparatus Combine jumps and gymnastic actions	Balance - when the centre of gravity is over the base of support Roll - They are all a complete rotation of the body on the ground.

Pictures/photos relevant to topic





Key facts

Olympic Gymnasts

https://www.youtube.com/watch?v=OPmLhcQSXjk

https://www.youtube.com/watch?v=4CFmnVAw5bc