KNOWLEDGE ORGANISER

PHYSICAL DEVELOPMENT	GYMNASTICS	EYFS

Cross curricular links	Key skills	Key Vocabulary/definitions
Personal, Social and Emotional Development: ***Managing Self:*** Be confident to try new activities ***Building relationships*** Work and play cooperatively and take turns with others	To be able to travel confidently in various ways e.g. hopping, skipping, walking, running, crawling To stretch in different ways To balance on the floor accurately To practise jumping in different ways	**Gross motor skills**- when a child uses their whole body in a movement

Pictures/photos relevant to topic

Useful information

https://plprimarystars.com/resources/balance-and-stability - Ideas of activities to develop balancing and movement skills at home

https://elht.nhs.uk/application/files/5815/8860/8935/Balance_and_Co-ordination_leaflet_V4.pdf - NHS balancing guidance