

Please note there are some Youtube links on this page.

Make sure you ask your parents before using the links as there may be pop up adverts that come up before the music.

Riverside do not endorse any adverts that are used on Youtube.

Hello Year 1 and 2!

Shall we do some music today? Can you show those in your household how to warm up your body?

- Big stretch and breathing in
- Roll shoulders back and yawn
- Rubber chicken
- Zzzzzz, vvvvvv, hey! No! Yooohooo! Wah wah! Nuh nuh!
- Miiiiiiaws (quietly and getting higher in pitch)
- Flipper flipper...chipper..tipper...zipper...any more?
- Mango mango, kiwi, pineapple banana, watermelon.
- Stick tongue out and stretch!
- Feet flat on the floor, big bellies of air, relax your face muscles, loosen shoulders.

Warm up song:

Stretch up, shake your hands out, roll your shoulders round and round
Stretch up, shake your hands out, roll your shoulders round and round
Stamping and clapping and swaying to the beat
Stamping and clapping and swaying to the beat

Have a go at singing your favourite assembly song or classroom song. *Grandma Dear?*

If you have access to the internet, can the adult in your household put on some lively music?

I would recommend this song on **YouTube Out of the Ark – Warm Up**

<https://youtu.be/mXVXPTyfA4c>

Can you walk to the beat? And follow the instructions to move your body?

Can we sing this song?

The big ship sails on the alley-alley-o, the alley-alley-o, the alley-alley-o

The big ship sails on the alley-alley-o, on the last day of September.

alley-alley-o, alley-alley-o, alley-alley—alley-o-o-o

alley-alley-o, alley-alley-o, alley-alley—alley-o-o-o

The captain said it will never never do, will never, never do, will never never do

The captain said it will never, never do, on the last day of September.

alley-alley-o, alley-alley-o, alley-alley—alley-o-o-o

alley-alley-o, alley-alley-o, alley-alley—alley-o-o-o

The big ship sank to the bottom of the sea, the bottom of the sea, the bottom of the sea

The big ship sank to the bottom of the sea, on the last day of September.

alley-alley-o, alley-alley-o, alley-alley—alley-o-o-o

alley-alley-o, alley-alley-o, alley-alley—alley-o-o-o

- Can you sing this song and each time get a little bit higher?
- Try out different volumes as well and choose when to sing quieter or louder.
- Can you sing it whilst clapping the BEAT? Be careful not to clap every single word.
- Can you clap the RHYTHM instead? (So all the syllables of the words)
- Can you walk the BEAT/PULSE and sing along with actions?

We have been singing the chorus of '**Just a Spoonful of Sugar**' from **Mary Poppins** in singing assembly.

Could you put the YouTube video on and sing along? You can try and learn the verse as well.

<https://youtu.be/ftxnr28LDXc>

Trumpet:

The trumpet is made from brass metal but did you know that years ago they were originally made from wood and shell?

The trumpet has been around for ages! About 3500 years ago! Dating back to the Ancient Egyptians...

Trumpets are used in bands and orchestra and often in the military for ceremonies. Often you can hear trumpets in Jazz.

Can you find any songs where you can hear a trumpet playing?



Happy music making!
Roseanna