

Please note there are some Youtube links on this page.

Make sure you ask your parents before using the links as there may be pop up adverts that come up before the music.

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Hello Year 1 and 2!

Shall we do some music today? Can you show those in your household how to warmup your body?

- Big stretch and breathing in
- Roll shoulders back and yawn
- Rubber chicken
- Zzzzzz, vvvvvvv, hey! No! Yooohooo! Wah wah! Nuh nuh!
- Miiiiiiaws (quietly and getting higher in pitch)
- Flipper flipper...chipper..tipper...zipper...any more?
- Mango mango, kiwi, pineapple banana, watermelon.
- Stick tongue out and stretch!
- Feet flat on the floor, big bellies of air, relax your face muscles, loosen shoulders.

Have a go at singing your favourite assembly song or classroom song. *Lil Liza Jane?*

To start off, can the adult in your household put on some lively music? I would recommend for today this **new** song:

Just Sing – Out of the Ark Song https://youtu.be/ut5_ZaEAS3s

Can you have a go at singing this song and doing the actions? You can hear me singing it on the school website.

Clap, clap, clap our hands – clap our hands together
Stamp, stamp, stamp our feet, stand our feet together
Tap, tap, tap our knees, tap our knees together

Rub, rub, rub our bellies, rub our bellies together
Roll, roll, roll our shoulders, roll our shoulders together
Tap, tap, tap our heads, tap our heads together

Recording on school website under 'Music To Sing Along To' **Jack in the Box**

Jack in the box, Jack in the Box, stand up tall!
Jack in the box, Jack in the box, curl up small.

Can you start on the floor curled up and when you sing the word "tall" jump up high! And when singing "curl up small" slowly start to curl your body into a ball on the floor?

Can we sing this song again this week?

The big ship sails on the alley-alley-o, the alley-alley-o, the alley-alley-o
The big ship sails on the alley-alley-o, on the last day of September.
alley-alley-o, alley-alley-o, alley-alley—alley-o-o-o
alley-alley-o, alley-alley-o, alley-alley—alley-o-o-o

The captain said it will never never do, will never, never do, will never never do
The captain said it will never, never do, on the last day of September.
alley-alley-o, alley-alley-o, alley-alley—alley-o-o-o
alley-alley-o, alley-alley-o, alley-alley—alley-o-o-o

The big ship sank to the bottom of the sea, the bottom of the sea, the bottom of the sea
The big ship sank to the bottom of the sea, on the last day of September.
alley-alley-o, alley-alley-o, alley-alley—alley-o-o-o
alley-alley-o, alley-alley-o, alley-alley—alley-o-o-o

- Can you sing this song and each time get a little bit higher?
- Try out different volumes as well and choose when to sing quieter or louder.
- Can you sing it whilst clapping the BEAT? Be careful not to clap every single word.
- Can you clap the RHYTHM instead? (So all the syllables of the words)
- Can you walk the BEAT/PULSE and sing along with actions

TODAY'S TASK

Can you make a musical instrument with items in your kitchen? How about asking for help to make a **rice shaker**? Or use **porridge oats** in a **plastic tub**? Or even a wooden instrument using **spatulas**? **Saucepans**?

Can you practice playing your instrument to **eight beats** and stopping? Count to **eight** each time and then stop. How about **four** beats? **Two** beats? **How about playing along to the songs above? Try and play slowly and quickly. Loudly and quietly. See what good sound patterns you can make.**

ASSEMBLY SONG:

We have been singing the chorus of '**Chim Chim Cher-ee**' from **Mary Poppins** in singing assembly. Could you put the YouTube video on and have a watch and see what you can remember? What about starting to learn the verse as well?

<https://youtu.be/kG6O4N3wxf8>

To finish, I suggest listening to **Musical Instrument Sounds for Kids**. Have a watch and see 27 instruments! <https://youtu.be/vJcGIQraek>

Happy music making!

Roseanna