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Hello Reception and Nursery!

Shall we do some music today? You can listen to me singing some of our known songs on Riverside Primary School website and you can also access many songs via:

BBC Nursery Rhymes and Songs

Let us wake up our bodies.

- Roll your shoulders back
- Stretch up on your tiptoes and reach hands up
- Curl down to the floor
- Give your whole body a shake and a wiggle
- Breathe into your belly like you're filling a bucket
- Imagine you're chewing a huge toffee and it's getting bigger and bigger!
- Now it's stuck in your teeth - can you get all of the pieces out using your tongue?

New Song to access via YouTube

Can you have a go at learning this **new** song? Have you seen any rainbows recently? Maybe this week you will if there is sunshine and rain.

Sing of a Rainbow – Out of the Ark Song https://youtu.be/eoHh_3AOVgM

Now let us wake up our bodies some more. Can you listen to **Calypso** by **Susie Davies-Splitter** to liven up! Have a go at **walking to the beat** and moving **left to right** and **up** and **down** and **turning around**.

<https://youtu.be/ll6vsgYHWLY>

New song - OLEO

Remember this song '**Oleo!**'? I have put a recording of it on the website for you to join in with. **Can you make up your own actions and body movements to it?** You'll notice sometimes I sing loudly, sometimes quietly, sometimes smoothly and sometimes short and choppy.

Have a practice at Jack in the Box again. Look on the website for: 'Music To Sing Along To' **Jack in the Box**

Jack in the box, Jack in the Box, stand up tall!

Jack in the box, Jack in the box, curl up small.

Can you start on the floor curled up and when you sing the word "tall" jump up high! And when singing "curl up small" slowly start to curl your body into a ball on the floor?

ASSEMBLY SONG: BUILD IT HIGH

Over the years in assembly, Riverside Primary pupils have learned this song and they often sing it in the country dancing show in summer. Can you have a listen and see what you can sing along to?

BUILD IT HIGH

<https://youtu.be/g-2rKbMBZW8>

New Song – One Tomato, Two Tomatoes

The recording is on the school website. Can you sing along and count your fingers to seven each time you sing each food? And then can you make up some actions for pop, munch, crunch, scrunch and yum! What food do you prefer eating out of tomatoes, carrots, peas, broccoli and potatoes? What's your favourite type of potato? Mine is definitely roasted potatoes followed by mashed potatoes.

One tomato, two tomatoes, three tomatoes, four.

Five tomatoes, six tomatoes, seven tomatoes more.

Munch, munch, munch, munch, munch, munch, munch.

One carrot.....

Crunch.....

One pea.....

Pop.....

One broccoli

Scrunch....

One potato....Yum....

TODAY'S TASK- Indian Classical Music. Can you look for a picture of a Sitar, bamboo flute and table?

The sitar is a big instrument made with strings like a guitar.

You play a flute by blowing air through the side of the long thin instrument. It makes such high sounds!

A tabla is a type of Indian drum.

Something to listen to:

One of our Nursery children recorded 'Somewhere over the rainbow' with their family. How many musical instruments in this piece?

<https://youtu.be/5lI9EpxWi4Y>